

Reflections

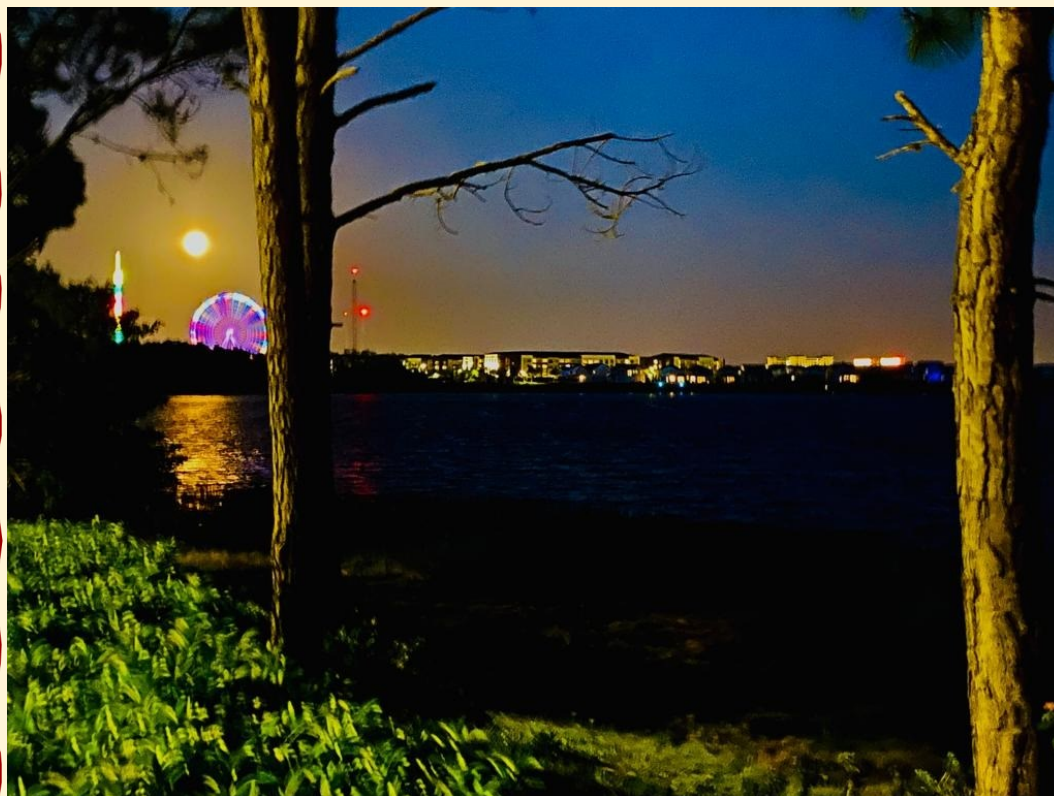
Reflections - An e-magazine showcasing the artistic talents of Medics

May 2022

Volume III Issue 5

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Photography - Dr. Patrick Basu

Reflections

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Radiologist's Musings - Viral Parekh

May 2022

Volume III Issue 5

Hi!, Namaste,

I am very happy to present here the 26th. issue of Reflections. Summer is at its peak and there is scorching heat all over India with temperatures running as high as 46-47 degree Celsius in some parts of the country. Even Kolkata recorded a high of 40 degree Celsius.

Amid this heat, we are going to celebrate Vesak on 16th. May, which is also known as Buddha Purnima or Buddha Jayanti - the birth anniversary of Lord Buddha, who taught us Noble eight-fold path to attain end of sufferings. The festival commemorates the birth, enlightenment and death of Lord Buddha.

On 2nd. Of this month, one of the greatest Indian filmmakers in history , the great Satyajit Ray was born. In 1956, Ray's film Pather Panchali burst into the international scene by winning a special prize at Cannes and following year for Aparajito at Venice. Since then Ray's name became synonymous with the intellectual giants of world cinema. He was not only a film maker but also an author, essayist, lyricist, magazine editor, illustrator, calligrapher and music composer. Ray is famous for his works such as the Apu trilogy (Pather Panchali, Aparajito and Apur Sansar), the Calcutta trilogy (Pratidwandi, Semmabaddha and Jana Aranya), and other movies like Aranyer Din Ratri, Mahanagar, Jalsaghar, Tin Kanya, Sonar Kella, Charulata and Shatranj Ke Khiladi. You have to see these movies to realise how great a movie maker he was. Shatranj Ke Khiladi was not only well known for Ray's direction but also for par excellence acting by two great actors of Indian cinema - Sanjeev Kumar and Amjad Khan, and of course there was commentary in the background by the great Amitabh Bachchan. You can not do justice to Satyajit Ray by writing a few lines here, you can write an epic on his wide range of talent. I am too insignificant to even write something about him but I am happy that I have seen lot of his movies. My personal favourite is Nayak, played by Bengali superstar Uttam Kumar. The story revolves around a film star on a 24-hour train journey from Kolkata to Delhi to a receive a national award. However, he ends up revealing his mistakes and regrets to a young journalist, played by Sharmila Tagore, who realises that behind all his arrogant façade lies a deeply troubled man as his life's story is slowly revealed through flashbacks and dreams. I don't think any actor other than Uttam Kumar could have done justice to this role. I wish more of Ray's films were dubbed in Hindi and other Indian languages to reach pan India viewers. Present day Kannada and Telugu movies like KGF and RRR could not have been such phenomenal hits if they were not dubbed in other languages. I would recommend all my friends to see Ray's movie which are available on various OTT platforms.

This issue would not have been possible without the help of Dr. Patrick Basu, Dr. Praveen Bhatia, Dr. Simi Gulati, Dr. Kanchan Pathak, Dr. Madhuri Salwe, Dr. Palash Jyoti Das, Dr. Shalini Agarwal, Dr. Sushanta Bhadra, and Dr. Sudipta Misra. I am obliged and sincerely thank all of them.

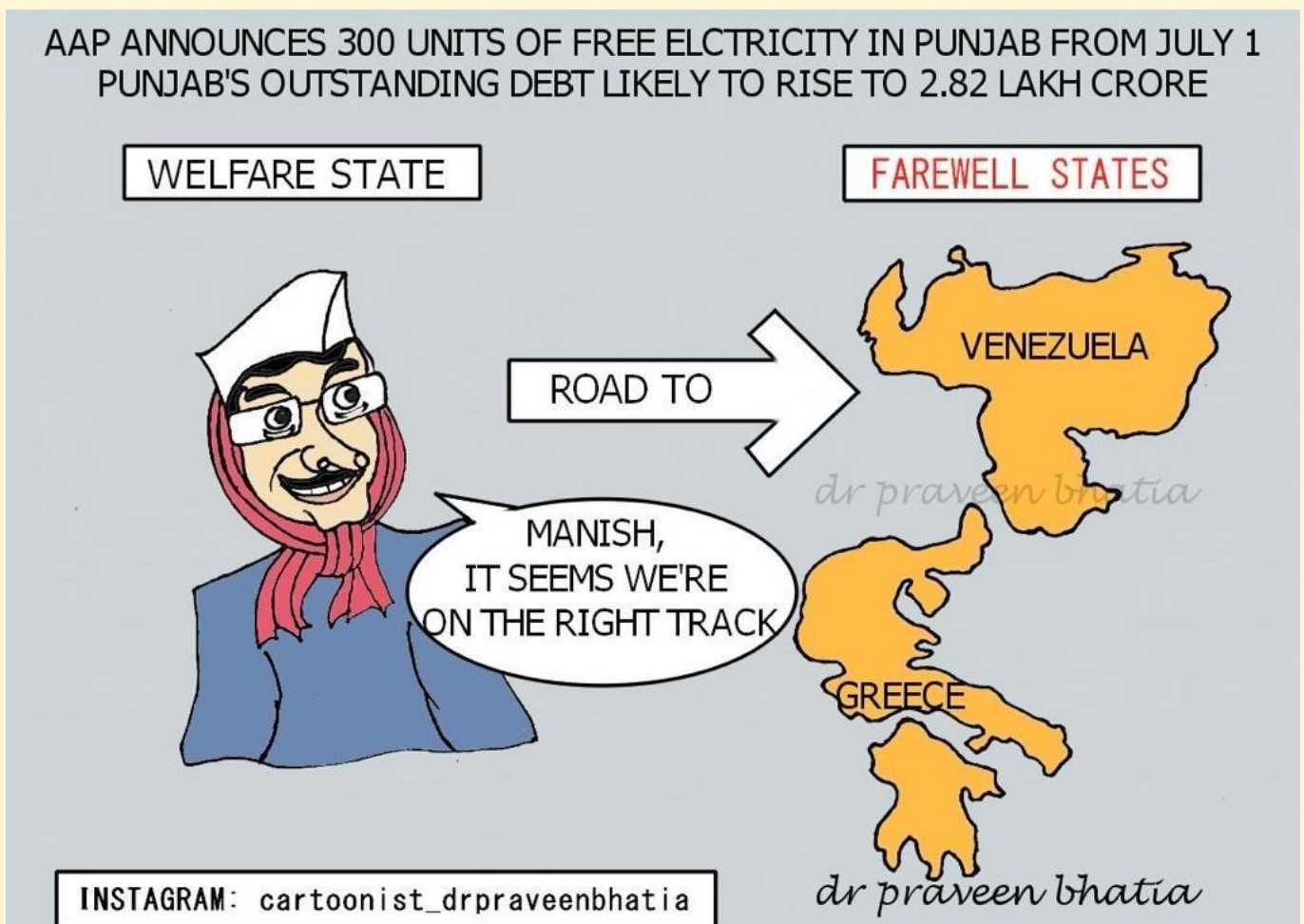
Wish all of you a very happy May day, Akshya tritya, Eid ul fitr and Buddha Purnima.

Humour - Cartoons



Dr. Praveen Bhatia,
MBBS, MD
Consultant Radiologist

Dr. Praveen Bhatia is also a fellow Radiologist, He has done MBBS from UCMS Delhi and MD Radio-Diagnosis from Maulana Azad Medical College, Delhi. He runs a diagnostic centre at Faridabad, Haryana. He started cartooning initially as time pass during corona lockdown, enjoyed and then carried on. He is also an avid traveler, blogger and corona time singer. Here are some of his cartoons, which I am sure will tickle you.



Humour - Cartoons



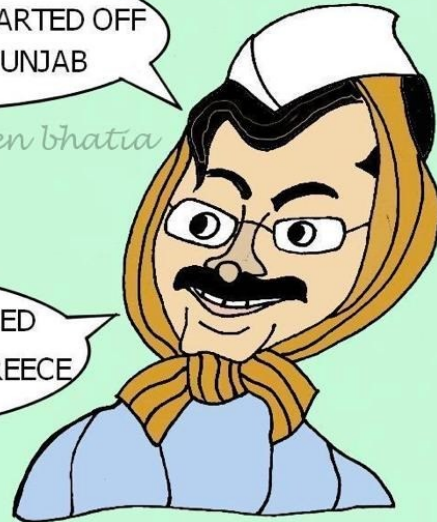
Dr. Praveen Bhatia,
MBBS. MD
Consultant Radiologist

FREEBIES UNSUSTAINABLE, STATES CAN GO BUST
SAY SECRETARIES AT MEET WITH PM

MANISH, WE HAVE STARTED OFF
WELL IN DELHI & PUNJAB

dr praveen bhatia

LET'S GO FOR AN ADVANCED
COURSE IN VENEZUELA & GREECE



INSTAGRAM: cartoonist_drpraveenbhatia

dr praveen bhatia

RUSSIA UKRAINE ONGOING WAR

RUSSIA

MARRY ME?

dr praveen bhatia

USA

MARRY ME?

LIFE IS BETTER
WITH TWO
BOYFRIENDS
THAN WITH A
HUSBAND



DR S.JAISHANKAR

INSTAGRAM: cartoonist_drpraveenbhatia

dr praveen bhatia

Artforms - Pichwai Paintings



Dr Simi Gulati
Specialist and Head
of Department
(Ophthalmology)
Charak Palika Hospi-
tal (NDMC), Delhi

A multitalented artist, Dr. Simi Gulati has had a passion and flair for art and craft for long. She loves to work on all types of media to express her ideas, exploring myriad art forms and using vibrant colors. She truly believes that an artist need not follow any rules, except those that emanate from the heart. She loves to paint human figures and everyday situations. Her art can provoke you, make you emotional, or leave you bewildered.

Currently she is breaking out into the art scene, having exhibited her work at small but significant locales around the city. She has won accolades from peers and friends, both on online and offline forums. Here is her some of her art as well as craft.

The Pichwai Paintings date back to centuries, with their first mention being made in scriptures dating back to 400 years ago. These paintings are stunning art pieces depicting the childhood of Lord Krishna, referred to

as Shrinathji. The stories and objects of these paintings revolve around tales of Shrinathji, particularly the significant seasons and festivals.

Pichhwai (also pichhavai, pichhvai, pechhavai, pichwai etc), literally meaning 'that which hangs from the back', is derived from the Sanskrit words "Pichh" meaning back, and "wais" meaning hanging. They are large devotion-al Hindu painted pictures portraying Krishna and are usually made on cloth. They are mainly made to hang in Hindu temples of the Pushtimarg devotional tradition, especially the Shrinathji Temple in Nathdwara, Rajasthan, built around 1672. They are hung behind the idol of Shrinathji, a local form of Krishna and the centre of Pushtimarg worship, to depict his leelas.



Artforms - Pichwai Paintings



Dr Simi Gulati

Specialist and Head of Department (Ophthalmology)

Charak Palika Hospital (NDMC), Delhi

A doctor with a deep rooted passion for art in all forms. To accompany her in her art journey log in to her FB page---purple haze@doctor artist or follow on insta at simi_purple haze

The main image portrayed in Pichhwai paintings is Shrinathji. This 7-year old form of Krishna, is the presiding deity worshipped at Shrinathji Temple . Most of the Pichwai Paintings cover the brief childhood pastimes of Lord Krishna and generally include elements like Gopikas, cows, and calves, and flute playing memories of Lord Krishna One of the most distinct features of Pichwai artworks is the portrayal of Chowbees Swaroop, i.e., Krishna's 24 divine avatars, usually found along the borders as miniature paintings.

Modern pichhwais may also portray other forms of Krishna worshipped in the Pushtimarg tradition such as Dwarkadish. To increase pichhwai demand, artisans started to make slight shifts in their painting techniques. Pichwais were made both in the traditional style, but also started to incorporate western influences such as using oil paints and using realism rather than the traditional stylistic approach.

Today, many artists have deconstructed the Chowbees(24) Swaroop by turning them into individual Pichwai paintings. With decorative elements from Mughal paintings, these miniature paintings have developed a soul of their own.

Themes

Annakut pichwai



This narrates the tale of young Krishna lifting the Govardhan Parbat on his little finger to protect the villagers from Lord Indra's wrath in the form of a torrential downpour. Hence, an Annakut Pichwai portrait always shows Shrinathji with his right hand raised to signify lifting the parbat.

Artforms - Pichwai Paintings



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Raas Leela



It is an important part of Pichwai paintings. Several artworks depict gopis dancing in a circle around Krishna, as he dances with Radha in the centre. The word 'rasa' means aesthetics and 'leela' refers to the act of playing or dancing. Raas leela literally translates to the play of aesthetics and is often referred to as the 'The Divine Dance of Love'. ---Krishna's cosmic dance with the gopis that symbolise a union of the soul with the Lord.

Artforms - Pichwai Paintings



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Summer Pichwai



These paintings usually created in the summer months, are decorated with lotuses to offer Lord Krishna some respite from the heat. This Pichwai style shows Shrinathji in the verdant landscapes of Vrindavan, surrounded by ponds, birds, dense trees and lotuses.

Artforms - Pichwai Paintings



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Nand Mahotsav

This style marks the selfless parental love of Nanda and Yashoda towards their beloved son. This festival is celebrated a day after Janmashtami. These paintings, obviously, showcase Krishna in his infancy, flanked by his loving and caring parents.

Daan Leela is another festival that gradually became an important theme in Pichwai paintings. These canvases narrate the tale of Krishna stopping the go-pis of Vraj, demanding a 'daan' or toll/tax of milk and curds to let them pass through

Artforms - Pichwai Paintings



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Modern Day Production



Pichhwai have become the main export of Nathdwara and are in much demand among foreign visitors. The artists live mostly in Chitron ki gali (Street of paintings) and Chitrakaron ka mohallah (colony of painters) and are a close community with constant interaction. Often a pichhwai painting is a group effort, where several skilful painters work together under the supervision of a master artist.

There has also been a push by other artists and designers to preserve and showcase this art form to a wider, international audience. Designers have utilised the traditional colours, printing techniques and pattern styles associated pichhwai, in clothing attires and showcase them on international platforms such as Lakmé Fashion Week.



Art - Paintings



Dr. Kanchan Pathak is an Otorhinolaryngologist by profession and ex-student of R. G. Kar Medical College, Kolkata. He is also one of my classmates and one of my oldest and close friends from the class. He is a self taught painter and painting is his passion . Here are some of his sketches and paintings on Satyajit Ray and his creation. I am sure you will love them.

Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty
Hospital
Govt. of West Bengal,

Satyajit Ray

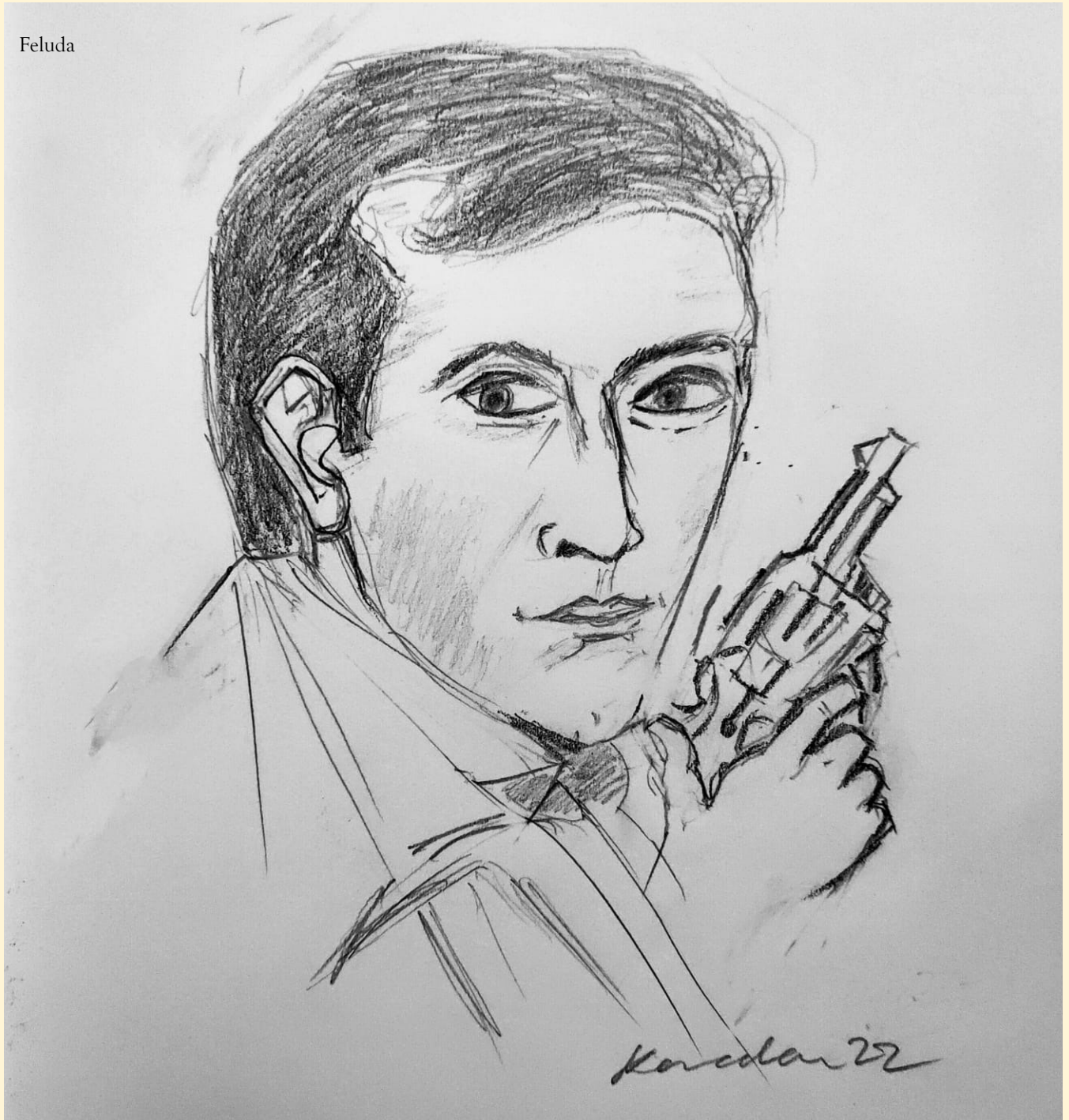


Art - Paintings



Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.

Feluda



Art - Paintings



Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiol-
ogist
Chinchwad, Pune
Maharashtra

Dr. Madhuri Salwe is also a fellow Radiologist. She started some pencil work in her childhood. There were many long gaps and then she drew some sketches while studying MBBS.

Her main journey of painting and sketches started when she completed her degree and joined a hospital, so whenever she used to get some time, she used to sketch some designs and then the rhythm started.

Whatever she learnt till date is from self experience, learnt from mistakes and she keeps on upgrading herself from pencil to acrylic on canvas to water colour and white pencil on black and this the result of her journey. I am sure you will like it.



Art - Paintings



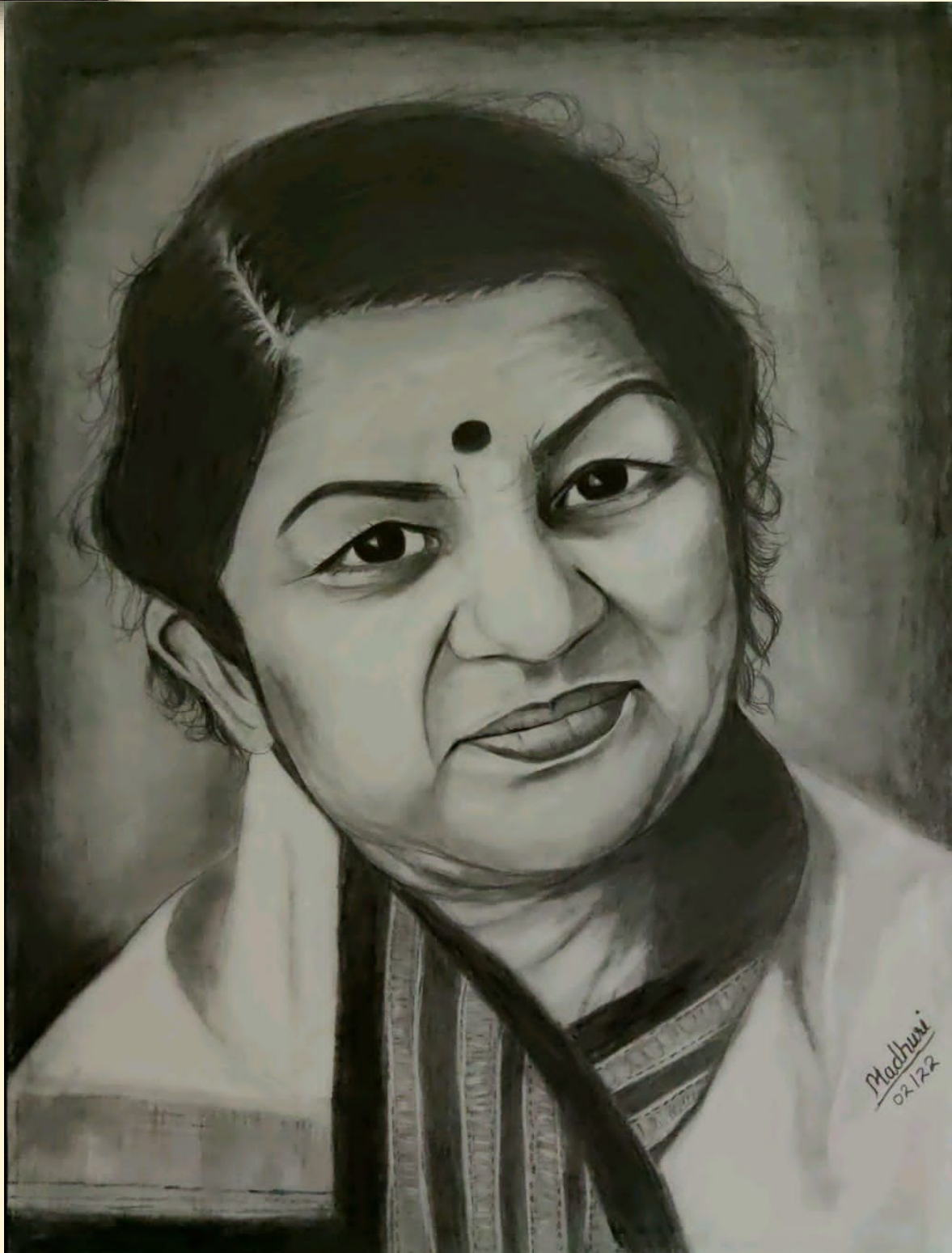
**Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiologist
Chinchwad, Pune
Maharashtra**



Art - Paintings



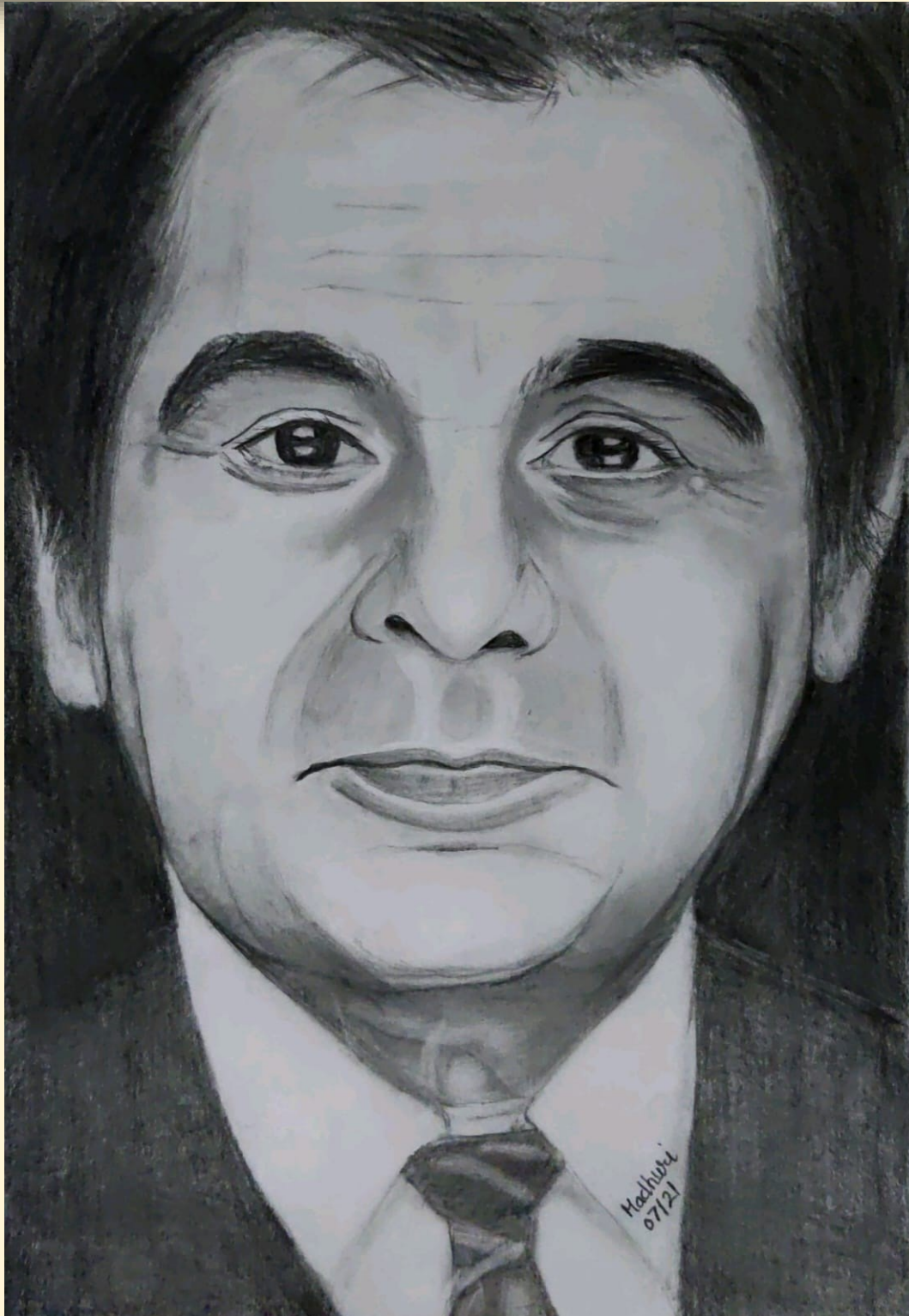
**Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiologist
Chinchwad, Pune
Maharashtra**



Art - Paintings



**Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiologist
Chinchwad, Pune
Maharashtra**



Art - Paintings



Dr. Palash Jyoti Das is a radiologist presently working in Arya Wellness Centre, Guwahati Assam.

Drawing and painting is his passion since childhood. After joining the medical profession he could not continue due to time constraints. During the lockdown period, he reignited the old passion. Here are some of his artworks, hope you will love it.

**Dr. Palash Jyoti Das,
MBBS, MD
Radiologist,
Arya Wellness Centre,
Guwahati, Assam**



Art - Paintings



**Dr. Palash Jyoti
Das,
MBBS, MD
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Arya Wellness
Centre,
Guwahati,
Assam**



Art - Paintings



**Dr. Palash Jyoti
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MBBS, MD
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tre,
Guwahati, Assam**



Art - Paintings



**Dr. Palash Jyoti Das,
MBBS, MD
Radiologist,
Arya Wellness Centre,
Guwahati, Assam**



Literature - Poems



**Dr. Shalini
Agarwal
MBBS, MD,
Pt. B D Sharma,
Post Graduate In-
stitute of Medical
Sciences
Rohtak.**

Dr. Shalini Agarwal is also a fellow Radiologist. She had a long career as an air force officer and as a consultant in the non-defense government setup. She had done her MBBS in 1987 from AFMC, Pune and MD in 1998 from AH(R&R) Delhi.

She is consultant at her present hospital since 2004. She has done Commonwealth fellowship and ESSR Diploma in musculoskeletal radiology also.

Her hobbies are Reading, writing, and cooking. Here are few of her poems. I am sure you will like them.

FLIRTY FORWARDS

**I swat one before another flies in, looking
angry.**

**I duck, trying to find its depth
receiving a resounding slap**

**I look up, horrified
Coquettishly smiling, It waves away.**

**Seeing them march by
rage raises its suppressed head
Roaring at the jarring ping,
I twist my tongue to rope one in
Sting, I get for my adventurous effort.**

**A happy one waltzes past
Subdued, I follow suit
Humble subject of the mighty force
only to drown by the crushing blow.
The mammoth pile at the end makes me gag.**

**Retching, I take up the fight again.
Pushed into a corner, no way to escape
Lasso deters the brave.
So, here I am, all gagged and tied
A trembling sheep in the virtual herd.**

THE FIFTIES

**As we grow and expand,
we only see our blessings.
Sitting on huge backsides,
we shove the world around.**

**Fifty is as round as it gets
Mirror is finally a friend.
A steely gaze is all it takes,
to make it see the best.**

**Anyone who doesn't like Grey;
needs a whack in the face.
Tossing thinning tresses,
we love to willingly stray.**

**Comfortable and prosperous,
we only see love abound.
Spread of cakes and chocolates;
we slurp and burp audacious**

**As we grow and expand,
we pack off our family.
Reaching out to friends;
their abode is a holy land.**

As we grow and expand.....

Glamour Photography



Mr. Sushanta Bhadra is also my classmate and a very dear friend from R. G. Kar Medical College. He is probably the most qualified amongst 150 classmates of our Medicos-80 batch. He now stays in Bexley, Kent, UK. In spite of a very busy schedule, he still manages to pursue his passion for glamour photography. Some of his work is here and I am sure it will please you.

**Mr. Sushanta Bhadra,
MBBS, MD, DTMH,
DNB, FRCOG, FRCGP,
LLB.
Clinical Director,
North Bexley PCN**



Glamour Photography



Mr. Sushanta Bhadra,
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Glamour Photography



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Glamour Photography



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Travel Photography



Dr. Sudipta Misra,
MD,DM
Gastroenterologist.

Dr. Sudipta Misra, MD ,DM is a Paediatric Gastroenterology Specialist in Summerville. He is Director ,Paediatric Gastroenterology and Nutrition, Trident Healthcare , Summerville, South Carolina .He travels a lot. This feature is from his recent visit to Jerusalem

He has graduated from Medical College ,Kolkata in the year 1982

he is RISEN.....

Via Dolorosa (Path of suffering or Path of the Cross)

This is the path that Jesus of Nazareth took between conviction and crucifixion. There are 14 'stations' in the Via commemorating the journey.

Station I: Jesus is condemned to death. This was site of the Praetorium, at the Antonia Fortress, the Roman administrative headquarter of the Province of Judea.



Station I: Jesus is condemned to death. This was site of the Praetorium, at the Antonia Fortress, the Roman administrative headquarter of the Province of Judea.



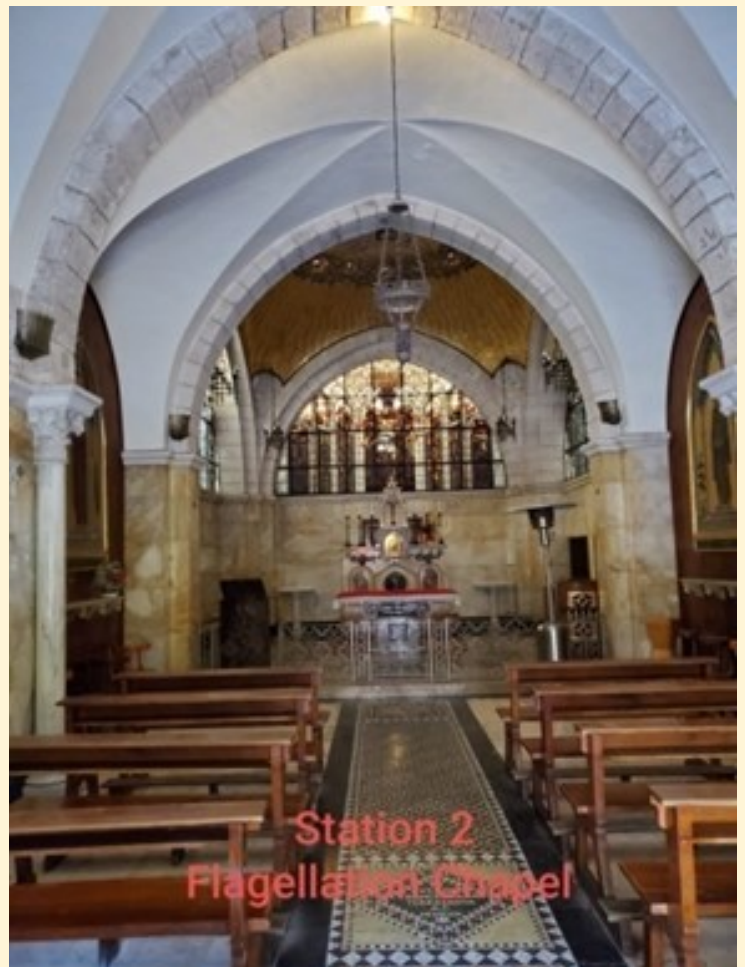
Travel Photography



Dr. Sudipta Misra,
MD,DM
Gastroenterologist.

Station II: This is where Jesus was whipped, mocked as “The king of the Jews”, the Crown of Thorn put on his head and the cross given to him.

“Ecce Homo” (Latin Here is the man): Pontius Pilate presented Jesus to the cheering crowd, probably at the gate of the Fortress.



Station 2
Flagellation Chapel

Travel Photography

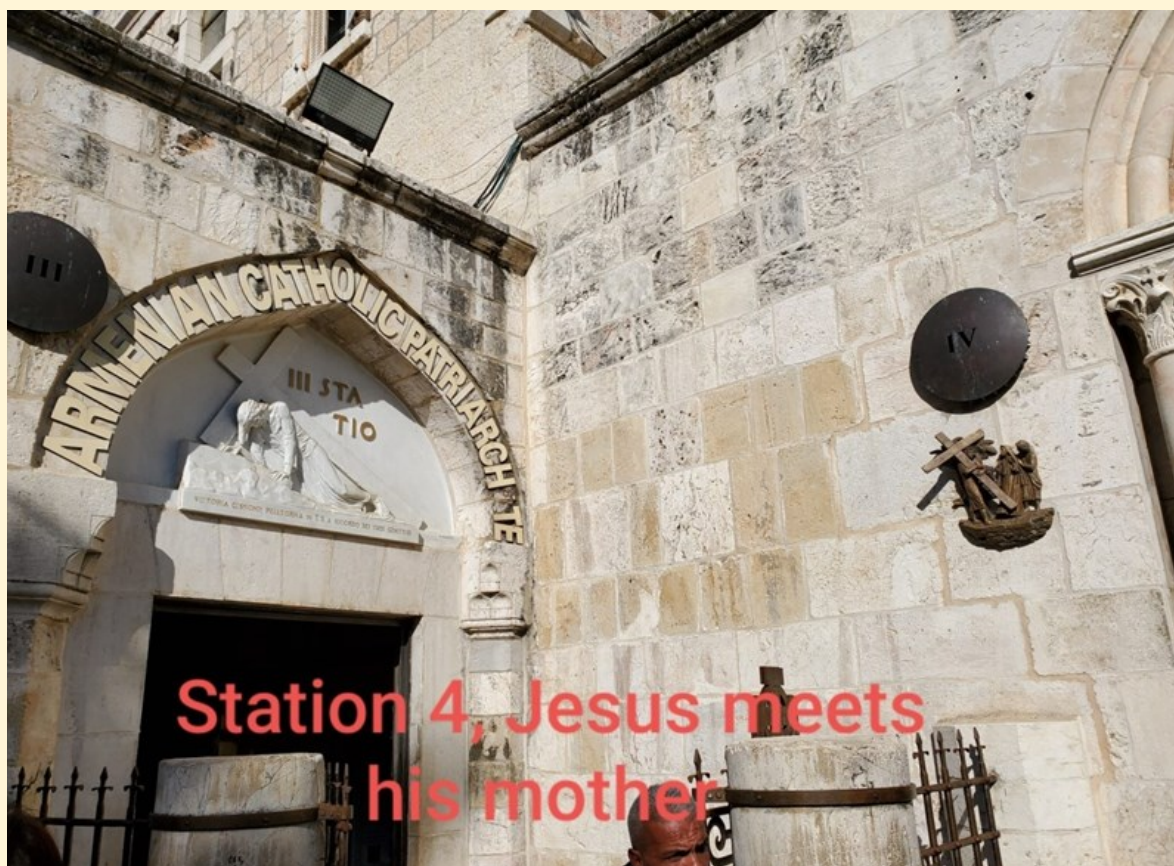


**Dr. Sudipta Misra,
MD,DM
Gastroenterologist.**



**Station III:
Jesus fell
for the
first time.**

**Station 3
Jesus falls**



**Station IV:
Jesus met
Mary, his
mother,
who fol-
lowed him
to crucifix-
ion.**

**Station 4, Jesus meets
his mother**

Travel Photography



Dr. Sudipta Misra,
MD,DM
Gastroenterologist.

Station V: Simon the Cyrenian , a spectator who was probably on a pilgrimage to Jerusalem, was forced by the Roman soldiers to carry the cross. Jesus was weak and unable to carry it.



Station 5
Simone carries the cross
for Jesus



Station 6
Veronica wipes His face

Station VI: A woman, Veronica (Vera Latin, True; Eikon Greek, Image) came out of the crowd and wiped Jesus' face. An impression of the face was left on the towel. It is now at St Peter, Rome. This incidence is not mentioned in the New Testament.

Travel Photography



Dr. Sudipta Misra,
MD,DM
Gastroenterologist.

Station VII: Jesus fell again probably due to the steep incline towards Calvary (Skull Hill).



Station 7
Jesus falls again



Station 8
Woman of Jerusalem
meet Jesus

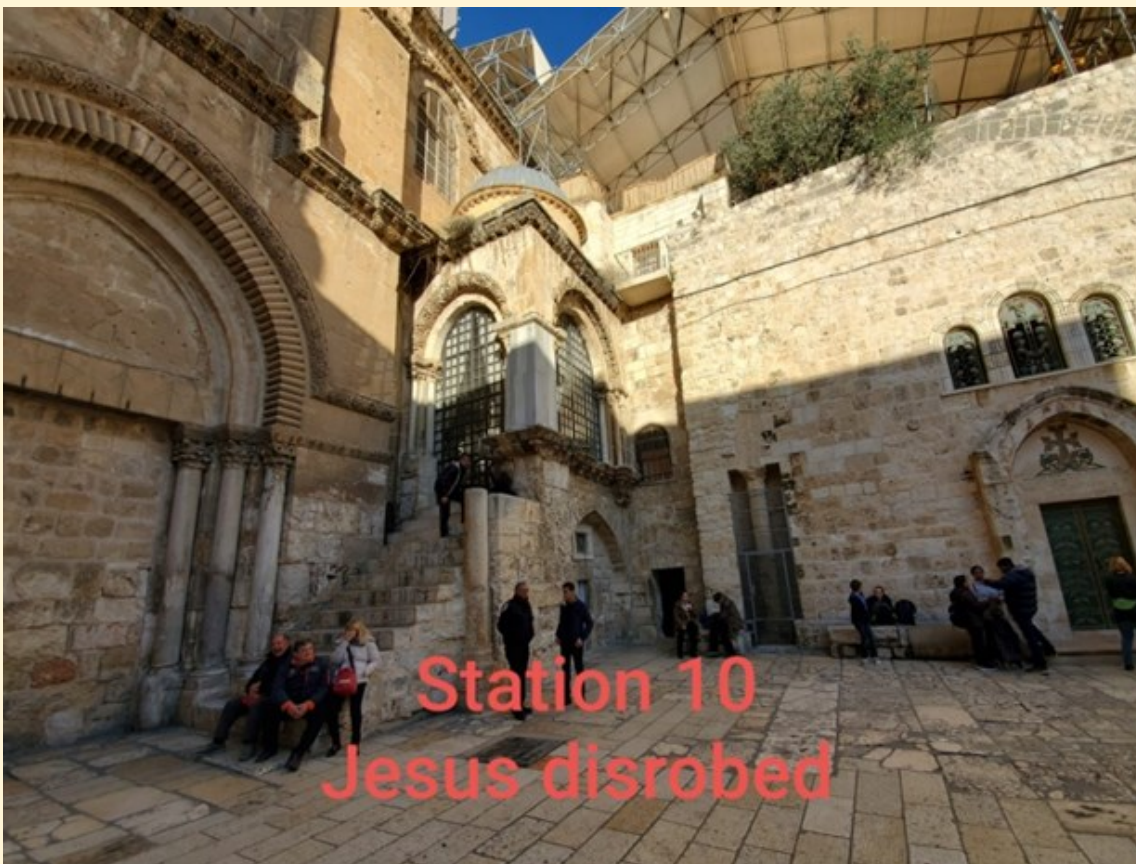
Station VIII: Jesus met the women of Jerusalem.

Travel Photography



**Dr. Sudipta Misra,
MD,DM
Gastroenterologist.**

Station IX: Jesus, exhausted and mocked by the Roman soldiers, fell for the 3rd time, a short distance from Golgotha.



Station X: Here the Roman soldiers removed most of the garments, took the cross.

Travel Photography



Dr. Sudipta Misra,
MD,DM
Gastroenterologist.

Next four stations are within the Church of Holy Sepulcher, established by Queen (later Saint) Helena, mother of Emperor Constantine, 335 CE.

Station XI: Jesus is nailed to the cross. Mary laid down on the ground alongside Jesus.

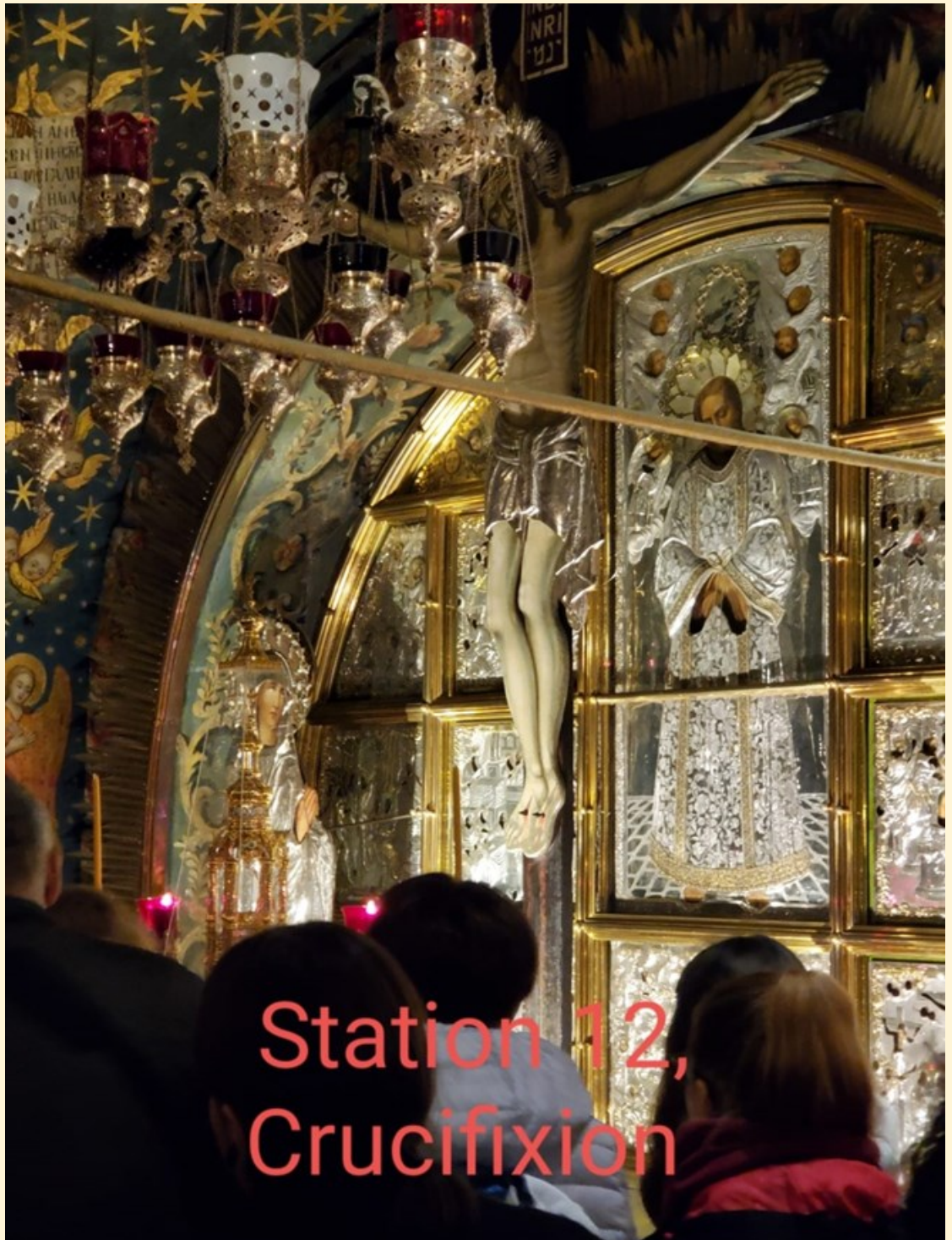


Travel Photography



Dr. Sudipta Misra,
MD,DM
Gastroenterologist.

Station XII: The crucifixion. There is a hole where the cross stood. The rocks of Golgotha can be touched through it.



Travel Photography



**Dr. Sudipta Misra,
MD,DM
Gastroenterologist.**

Station XIII: The body was taken down from the cross, placed on this slab and anointed with oil and spices.



**Station XIII Body of
Jesus kept here.**



**The Tomb of
Jesus**

Station XIV: The Tomb of Jesus: Where the body of Jesus was entombed on Friday (before sabbath at sundown) and it disappeared when they came back on Saturday. An angel told his followers that Jesus had risen.

- This is Roman Catholic, Armenian and Eastern Orthodox belief. Protestants identify another area as the place of crucifixion.
- The Golgotha and the cross on which Jesus was crucified were identified by Queen Helena, approximately 3 centuries after the incident.
- The Via Dolorosa was marked in the 14th century by Franciscan monks, about 1300 years after the occurrence.



Photography : Dr. Patrick Basu

Next issue in June 2022

I am bringing out such e-magazine with a frequency of one issue every month. So, next issue will be published in June, 2022.

I am hereby inviting all the professionals who indulge in extra-curricular activities to share her/his work with me and if it is of good quality, I will surely publish it.

So, I request all of you to contribute to this Newsletter. Please send your material in Word format with good quality images. Please send your photograph and details of your place of work with email address also. Your material should reach us by 15th. Of May, 2022.

What do you feel about Reflections.? How can it be improved? Do you like or dislike something in this publication? Please share your thoughts and I will publish them in next edition of Reflections.

Please write to : reflections2020@hotmail.com

So long.

Viral Parekh

Reflections

Conceptualised and edited by
Dr. Viral K. Parekh,
MBBS, DMRD, DNB